**Daniel's Training in Babylon**

**Daniel 1:1-21**

Topics: Abilities, Accomplishments, Beliefs, Character, Circumstances, Courage, Culture, Dedication, Follow-through, God, Health, Loyalty, Testing, Wisdom

**Open It**

1. How many glasses of water do you usually drink each day?
2. What are your favorite healthy foods?
3. \*If you wanted to adopt a healthier eating plan for yourself, what foods would you give up or cut back on and what foods would you eat more often?

**Explore It**

1. When did Nebuchadnezzar go to Jerusalem? (1:1)
2. When the king came to Jerusalem, what happened? (1:1-2)
3. What were the characteristics of the captives? (1:3-4)
4. \*What did the king order Ashpenaz to do? (1:3-5)
5. What new names did the chief court official give four of the men? (1:7)
6. \*What was Daniel’s resolve? ([1:8](http://www.crossbooks.com/verse.asp?ref=Da+1%3A8))
7. How did the chief official respond to Daniel’s request? (1:9-10)
8. What did Daniel say to the guard? (1:11-13)
9. What did the guard do about Daniel’s request? (1:14)
10. \*What was the result of the test? (1:15-16)
11. What did God give to the four men? (1:17)
12. In evaluating the four men at the end of their training, what did Nebuchadnezzar conclude concerning them? (1:18-20)
13. How long did Daniel remain in the king’s court? (1:21)

**Get It**

1. \*When have you taken a Godly stance in a non-Godly setting?
2. How do you think Daniel felt as he became steeped in Babylonian culture?
3. In what ways did Daniel’s commitment to God clash with the Babylonian culture?
4. In what ways do your Godly beliefs clash with the culture around you?
5. In what ways do your Godly beliefs affect your view of people of other cultures?
6. If you were a missionary overseas, what strengths and abilities would you bring to your calling?
7. How can food and drink affect your spiritual life?
8. How did Daniel demonstrate both flexibility and strength in an unfamiliar setting?
9. \*What sacrifices have you made that reflect your dedication to the Lord?
10. How would a non-Godly acquaintance describe you?

**Apply It**

1. \*Starting this week, what is one change you can make in your personal habits to show commitment to the Lord?
2. In what setting do you want to remember to stand up for your Godly convictions?
3. What can you do this week to develop a God-given talent or strength for the sake of God’s kingdom?